

## Understanding the transition to civilian life for ex-Service personnel with physical conditions as a direct result of service or acquired whilst in service

### WE INVITE YOU TO TAKE PART IN A NATIONAL RESEARCH PROJECT

#### What is the research about?

Being wounded, injured or sick within military service and making the transition from service to civilian life may present challenges. This study aims to understand these challenges and the support that is available both during and following transition for people who have been discharged with a physical injury or illness.

We want to hear from people who have left service from the UK Armed Forces in 2012 or later as a result of a physical condition, such as a physical injury or illness. You will have been medically downgraded, but it is not necessary to have had a medical discharge – for example you may have chosen to leave because your medical condition stopped you progressing in your career. In this study we are not looking for people whose main condition leading to discharge was a mental health issue, unless it is linked to a physical injury or illness. We would also like to hear from spouses/carers of this group.

To do this we are carrying out interviews with 50 individuals from across the UK over the next two years. We are also conducting interviews with stakeholders and support agencies.

#### What am I being asked to do?

You may be interviewed up to a total of two times, with around 9-12 months in between each interview. The interviews will take place in your own area at a time suitable for you by a trained University researcher. We will ask you

about your experiences of making the transition to civilian life as someone categorised as wounded, injured or sick. We will record the interview with your permission.

Each interview will last about an hour. You do not have to talk about anything you don't want to discuss, and you can withdraw from the research at any time. **Everything you say will be treated in confidence.** Your name will not be used in any published reports and **we will not pass your details on to anybody else.** We will also keep you informed about the research findings.

#### Who is doing the research?

The research is funded by the Forces in Mind Trust, and is being conducted by independent researchers from the University of Central Lancashire and the University of Salford.

#### Will I get paid?

As a thank you for taking part you will receive a **£20 shopping voucher** for each interview.

#### How do I take part?

To sign up, please fill out the form [here](#). If you want to ask any questions about the research or taking part, please contact Dr Celia Hynes on 01772 894039 / [chynes1@uclan.ac.uk](mailto:chynes1@uclan.ac.uk) or Dr Cormac Lawler on 0161 2950146 / [c.lawler1@salford.ac.uk](mailto:c.lawler1@salford.ac.uk). General information on the research can be found on the Forces in Mind Website: <https://www.fim-trust.org/>